

Kennedy Basketball

HUMBLE & HUNGRY



KENNEDY BASKETBALL
STATE TOURNAMENT
2022-2023

**Dedication makes
dreams come true.**



Our websites:

<https://ia.varsitybound.com/schools/ckennedy>

www.juniorcougarbasketball.com

"Being a part of Kennedy Basketball has given me some amazing memories. Not only that but it has taught me a lot of life lessons on the way, like hard work, patience, and the importance of having a positive attitude." Austin Holzer Class of 2014

"Attending the Kennedy Camp gives you an advantage because you're learning the Kennedy way at a young age. It also teaches you how to become a better person after basketball is over." Derek Girling Class of 2016

"The Kennedy Basketball Camp has taught me a lot about the game and has given me the fundamentals to be successful on the court." Brendon Manning Class of 2015

"Kennedy Basketball is about more than just winning games. Our program has been able to prepare me for the future after high school. It has made me not only a better basketball player, but a better person." Drew Heitland Class of 2014

"Being a part of the Kennedy Basketball Program is an honor and tradition that is much bigger than yourself. We are tough, have great discipline, know how to compete and work the hardest. We always do the right thing and are upstanding student athletes." Matt Berst Class of 2017

"The Kennedy Basketball Camp is about more than the fundamentals of basketball. It's about building friendships and creating memories that you will carry with you throughout your high school athletic career." Cole Murdock Class of 2015

"Kennedy basketball means being a part of something bigger than yourself. It's a family that allows you to grow as a basketball player but more importantly a person." Jackson Foley Class of 2018

"Kennedy Basketball Camp has taught me how to be fundamentally sound on the court and how to be a better person in the community." Zach Daniels Class of 2015

"Kennedy basketball is a second family for me. The program helped me develop me into the player and person I am today, while teaching many valuable lessons along the way. Even though basketball might be the focus, there is no lack of character development and I think that was the most important aspect for me in my time player as a Cougar." Malik Haynes Class of 2017

"The Kennedy Basketball staff and their teachings are the foundation of who I am as a student-athlete and as a young man. I'm proud to say I played for the Kennedy Coaching Staff" Derek Jacobus Class of 2014

"The Kennedy basketball program taught me how to get the best out of my abilities through strong coaching and great teammates. The lessons I learned about hard work and perseverance have made a positive impact in my life on and off the court." Ben Koester Class of 2019

2023 Kennedy Basketball Camps

Boys Elementary & Middle School



"Humble and Hungry"

**20-0 Regular Season Record
14-0 Conference Record
2023 MVC Champions
2023 State Tournament Participant**

**Elementary/ Middle School Boys Camp
2nd through 8th Grades 9:30am – 12:00pm**

Week #1 Monday June 19th – Thursday June 22nd

Week #2 Monday June 26th – Thursday June 29th

Elementary/ Middle School Boys Camp

2nd through 8th Grades

Week #1

Week #1 Monday June 19th – Thursday June 22nd

9:30 a.m. – 12:00 p.m.

Week #2

Monday, June 26th – Thursday, June 29th

9:30 a.m. – 12:00 p.m.

Registration Fee

\$70.00 (One Week)

\$120.00 (Both Weeks)

Payment Methods

- **Cash or Check**
 - Send to: Kennedy HS
Attn: Jon McKowen:
4545 Wenig Rd.
Cedar Rapids, IA 52402
- **Venmo**
 - @Kennedy-Bball-Camp
 - If you pay with Venmo, please add grade level, Email address, shirt and short size in the memo.



**Each participant will receive a
Kennedy Basketball Camp T-shirt
Participants registering for Week #1
and Week #2 will receive a pair of
camp shorts.**

Week #1 - The Kennedy Men's Basketball Staff will focus on providing knowledge of shooting, dribbling, passing, defensive and offensive techniques along with fundamentals in an individual and team setting.

Week #2 – The Kennedy Men's Basketball Staff will provide advanced instruction on the skills addressed during Week #1 and introduce the Kennedy team concepts.

For more information contact:
Head Coach Jon McKowen
319-558-3042 or email
jmckowen@crschools.us

Name _____ Email _____

Address _____ Phone _____ Grade (Fall '23) _____

T-Shirt Size (circle) YM YL ASAM AL AXL Short Size (circle) YL AS AM AL AXL

Registering for Week #1 _____ Registering for Week #2 _____ Registering for both Week #1 & #2 _____

My son has permission to participate in the Kennedy Men's Basketball Camp. I certify he is in good health and able to participate with no restrictions. I understand that Kennedy High School, the Camp Director, or anyone connected with the camp does not assume responsibility for accidents, medical, dental or other expenses incurred as a result of camp attendance. This is a private camp not sponsored by CRCSD.

Parent or Guardian Signature _____

Make check payable to: Kennedy Boys' Basketball Camp
Mail to: Kennedy High School, Attn: Jon McKowen, 4545 Wenig Rd NE,
Cedar Rapids, IA 52402